

Rock Point Church Bill Bush | 1.19.2025

BIG IDEA | Jesus has to move in before you can move out.

Ephesians 3:14-21 (NLT)

¹⁴ When I think of all this, I fall to my knees and pray to the Father, ¹⁵ the Creator of everything in heaven and on earth. ¹⁶ I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. ¹⁷ Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. ¹⁸ And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. ¹⁹ May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

²⁰ Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. ²¹ Glory to him in the church and in Christ Jesus through all generations forever and ever! Amen.

How to live inside out:

Start in your heart.

Ephesians 3:14-16 (NLT)

¹⁴ When I think of all this, I fall to my knees and pray to the Father, 1⁵ the Creator of everything in heaven and on earth. ¹⁶ I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit.

How to live inside out:

Start in your heart.

Stay rooted.

Ephesians 3:17-19 (NLT)

1⁷ Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. ¹⁸ And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. ¹⁹ May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

How to live inside out:
Start in your heart.
Stay rooted.
Be filled.
Ephesians 3:20-21 (NLT)
²⁰ Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. ²¹ Glory to him in the church and in Christ Jesus through all generations forever and ever! Amen.
How to live inside out:
Start in your heart.
Stay rooted.
Be filled.

GROUPS QUESTIONS:

Trust big.

- 1. What stood out to you most about this week's sermon?
- 2. Why is it easy for us to get caught up in trying to do things in our own strength instead of relying on God?

- 3. Read Ephesians 3:18. Paul describes Christ's love as wide, long, high, and deep. Which dimension of His love resonates most with you right now, and why?
- 4. How does experiencing God's love experientially (not just intellectually) impact the way you live?
- 5. How does trusting in God's limitless power change the way you approach challenges or dreams?
- 6. What prevents you from trusting God? What are the noises distracting you from being able to trust in God's love?
- 7. Reflect on Paul's prayer in Ephesians 3:14-21. How does this prayer inspire you to trust God's work in your life and the lives of others?